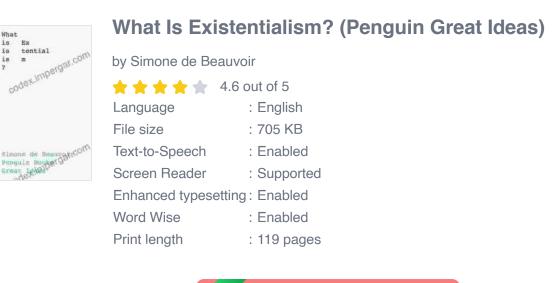
## What Is Existentialism?

#### A Penguin Great Idea

By Jean-Paul Sartre





#### What is existentialism?

Existentialism is a philosophy that emphasizes the importance of individual existence, freedom, and choice. Existentialists believe that humans are not simply the sum of their experiences or their environment, but rather that they are responsible for creating their own meaning and purpose in life.

#### Key themes of existentialism

Some of the key themes of existentialism include:

- The meaning of life: Existentialists believe that there is no inherent meaning or purpose to life. Instead, each individual must create their own meaning and purpose through their actions and choices.
- Freedom: Existentialists believe that humans are free to make their own choices and that they are responsible for the consequences of those choices.
- Responsibility: Existentialists believe that humans are responsible for their own actions and that they should not blame others for their mistakes.

#### Existentialism and the human condition

Existentialism is a philosophy that can help us to understand the human condition. It can help us to see that we are not simply victims of our circumstances, but that we are free to create our own lives. Existentialism can also help us to develop a sense of responsibility for our own actions and to live a more authentic life.

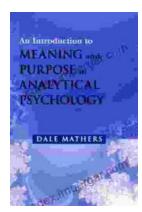
What Is Existentialism? is a concise and accessible to the philosophy of existentialism. Written by leading existentialist philosopher Jean-Paul Sartre, this book explores the key themes of existentialism, including the meaning of life, the nature of freedom, and the role of responsibility in human existence.

This book is essential reading for anyone who wants to understand the philosophy of existentialism and its implications for the human condition.

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