

40 Unmistakable Behaviors Of Men Who Avoid Commitment And Play Games With Women

Are you tired of wasting your time and emotions on men who ultimately leave you unfulfilled and hurt? Do you find yourself constantly wondering why you attract partners who seem uninterested in forming a meaningful connection?



He's Not That Interested, He's Just Passing Time: 40 Unmistakable Behaviors of Men Who Avoid Commitment and Play Games with Women by Bruce Bryans

★★★★☆ 4.4 out of 5

Language	: English
File size	: 837 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 125 pages
Lending	: Enabled



If so, it's essential to understand that there are certain behaviors that are common among men who avoid commitment and play games with women.

While every individual is unique, these 40 unmistakable behaviors provide a comprehensive framework for recognizing and avoiding these toxic individuals. By arming yourself with this knowledge, you can protect your

heart and emotional well-being while attracting the healthy and fulfilling relationship you deserve.

1. He's Evasive and Noncommittal

Men who avoid commitment are often reluctant to discuss the future, make plans, or define the relationship. They may avoid using terms like "boyfriend" or "girlfriend" and instead opt for vague labels like "just seeing each other." They may also make excuses to avoid spending quality time together or introducing you to their friends and family.



2. He's Inconsistent and Unreliable

Men who play games are often inconsistent in their behavior. They may be charming and affectionate one day and distant and cold the next. They may break promises, cancel dates at the last minute, or make excuses for their lack of communication. This inconsistency creates a sense of uncertainty and makes it difficult to build a stable foundation for a relationship.



A broken promise
is not a lie.

Paul Elman

3. He's Emotionally Unavailable

Men who avoid commitment often struggle to express their feelings or connect on an emotional level. They may appear aloof, withdrawn, or even hostile when faced with vulnerability. They may also be quick to dismiss your emotions or downplay the importance of emotional intimacy.



4. He's Overly Critical

Men who play games may use criticism as a way to control and belittle their partners. They may constantly find fault with your appearance, your personality, or your choices. This criticism can erode your self-esteem and make you feel unworthy of love.



5. He's Secretive and Untrustworthy

Men who avoid commitment are often secretive and untrustworthy. They may hide their past relationships, their financial situation, or their true intentions. They may lie or withhold information to manipulate you or protect their own interests.



6. He's Manipulative and Controlling

Men who play games are often skilled at manipulation and control. They may use guilt, shame, or even threats to get what they want. They may isolate you from your friends and family or try to control your appearance, your behavior, or your finances.



7. He's Narcis



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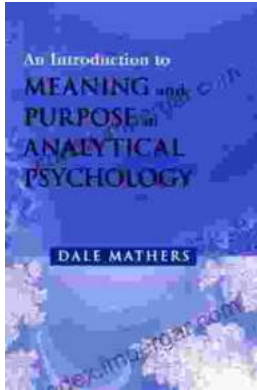
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